

General Meeting Topic

This month's General Meeting will be held at our usual meeting place - Aichi International Association

We would like to thank everyone that donated to the YWCA supply bags at the September meeting.

We raised a great amount of money for their charity for the food kitchen and supplies for people in need.

Please come along to our October meeting and help us to create the supply bags and gift them to the visiting members of the YWCA. We will also be hearing from their members about all of the fantastic charity work they do within Nagoya.

When and where:

October 4th

10:30 - 12:30

Aichi International Association.

Address:

2 Chome-6-1 Sannomaru, Naka Ward, Nagoya, Aichi 460-0001

Parking is available at AIA, but street parking is available near by as well.

Subway Station Nagoyajo Exit 5

Guests:

Guests and children are welcome. Guest fee is 500 yen



Member Spotlight

Hello Lovely

Ladies!

My name is Jenny

Loveridge and



I am originally from California, specifically the suburbs of Los Angeles.

There is even a café in Nagoya named after my hometown, Cafe Downey!

I have been living in Japan for two years, and a member of CCEA for a year and a half.

I am the interest group leader for kimekomi and the English portion of Language Exchange. I like being a part of CCEA so that I can meet new people and try new things.

I have many hobbies including running, hiking, photography, crocheting, reading, I have tried crafts of many kinds, and I love miniatures!

I am excited to meet the new members this fall and reconnect with familiar faces as I participate in our interest groups.

Jenny

NOVEMBER SNEAK PEEK!

November is the perfect month to get baking! Hopefully it will finally cool down a little and allow us to get creative in the kitchen (or buy some yummy goodies!). We will be holding a cookie exchange at our general meeting. The idea is you bring something sweet to share and in return will receive one item from every other participant to take home. Yummy!

If you have any topics you would like to share during our General Meetings this year, email us at nagoyaccea@gmail.com

SAVE THE DATE - IMPORTANT REMINDERS

General Meeting:

October 4, November 8

Board Meeting:

October 11, November 15, December 13

Autumn Extra Event

November 22nd

Holiday Luncheon:

December 6th

Book Club:

October 7th

Photography Club:

October 16th

Ikebana and Calligraphy:

TBA

Crochet and Turkish Oya

TBA

Restaurant Hunters

October 22nd

Arts Club

TBA

Happy Hour Hunters:

October 11th

Yamato-E:

October 10th and 25th

Day Trips:

October 2nd and 29th

Kimekomi:

October 9th

Pilates:

TBA

Language exchange

October 8th

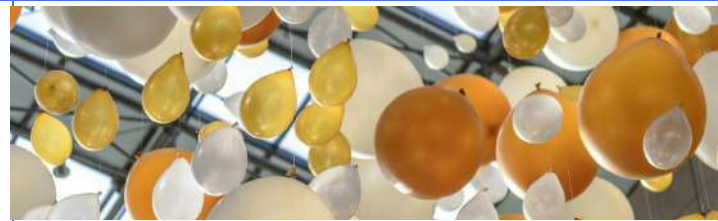
Community Service

TBA

OCTOBER BIRTHDAY ANNOUNCEMENTS

Naoko 16th
Yenling 17th
Alejandra 2nd
Magdalena 26th
May 28th

Kimberly 3rd
Satoko 3rd



CROCHET AND TURKISH OYA

This craft class will include crochet and Turkish Oya (lace). Let us make our very first scarf or lace together! Everyone is welcome - all abilities are catered for. There will be a basic supply list provided when you sign up - items available on amazon.

Meets: September 20th 10.30-12:30

Place: Omur's house

For more information please contact:

Omur - omurjapan@gmail.com

Jean - jealo_zemper@yahoo.com

COMMUNITY SERVICE

The Volunteer Interest Group will be holding its first events in May. Be on the lookout for an email with detailed information and a sign up sheet.

Meets: TBA

Place: TBA

For more information please contact:

Crystal Davila nickcrys@sbcglobal.net

LANGUAGE EXCHANGE

Come along and practise your English or Japanese, or both! We will spend 30 minutes speaking solely in English and 30 minutes in Japanese so that everyone can work on having conversions in each language. Everyone / any level is welcome.

Meets: : 11:00-noon, Oct 8th

Place: Nagoya International Center

For more information contact:

Jenny Loveridge jenny.loveridge@gmail.com

BOOK & ART CLUB

“ *The Mantis* ”

By Kotaro Isaka

Please don't worry if you haven't finished the book, come join in the discussion. Events will be emailed to group members.

Meets: 10am-11:30am, Oct 7th

Place: Aichi International Plaza 1st Floor Large Meeting Room
-5-minute walk from Nagoyajo Station, Exit 5, (Meijo Line)
-Free parking spaces are available

For more information please contact:
Helen Saito: lanisaito@gmail.com
Shuuko Adachi: shuukosaku@gmail.com

IKEBANA & CALLIGRAPH

It is more than simply putting flowers in a container. It is a disciplined art form in which the arrangement is a living thing where nature and humanity are brought together. Class is limited to 3 persons. Events currently posted on the CCEA Ikebana and Calligraphy Facebook page.

Meets: TBA
Place: 10am
Fee: ¥2,200-2,380

For more information please contact:
Ikebana Class CCEA - FB Group
nagoyaceea@gmail.com

Calligraphy is an artistic way of writing and drawing using proper brush strokes, supplies and ink. There are three different styles of calligraphy which will be taught; traditional, stylish, and artistic. Class is limited to 3 persons.

Meets: TBA
Place: 11am
Fee: ¥1100

For more information please contact:
Calligraphy Class CCEA - FB Group
nagoyaceea@gmail.com

YAMATO-E

Are you interested in experiencing Japanese culture through painting? If so, come join the Yamatoe-e group and learn very authentic Japanese art. Painting themes are various from seasonal events such as 'Hinamatsuri' to people's activities in and around Heiankyo(Kyoto) in the Heian Period. It must be exciting to explore how to use brushes and to do coloring with special pigments called 'Gansai'. Everyone is welcome to try it

Meets: 10:30am-12:30, Oct 10th & 25th
Place: TBA
Fee: ¥300

For more information please contact:
Yoko Kodera: yokoyamatoe@i.softbank.jp

HIKING & DAY TRIPS

We travel to a different destination each time and enjoy a variety of activities and workshops. Each trip will have its own set-up, details and sign up link. Details will be sent to group members by email.

Meets: TBA
Place: Oct 2nd and 29th
For more information please contact:
Yenling Chou: kenyachou123@gmail.com
Kerry Holdcroft: kpruce@gmail.com

HAPPY HOUR HUNTERS

Let's explore Nagoya to find a relaxed atmospheres at the end of week to get together around a glass of drink.

Partners and guests are welcome to attend!

Meets: 6:00pm-8:00pm, Oct 11th
Place: TBA
For more information please contact:
Gwyn Wilson: shadow.frau@gmail.com
Ayuko Horibe: iyoucoco@gmail.com

PILATES

When you are young, it's common to do some sports. However, after graduating from school, you have less exercises because of many things to do, which results in weaken muscle. Pilates exercise focuses on strengthening the abdominal muscle and increasing flexibility of the spine.

Meets: 10:30-11:30 TBA
Place: Zoom

For more information please contact:
Misako Tamimoto:
lodgemigreens@hotmail.com

RESTAURANT HUNTERS

...seeking all adventurous foodies

Lets traverse the culinary world of Nagoya sampling exciting flavors and creating connections through food

Meets: 11am - 1pm, Oct 22nd
Place: TBA

For more information please contact:
Samantha Brunner
samnkoon@gmail.com

TURKISH COOKING

Merhaba! Come explore the Turkish culture through cooking and crafts. Each month we will either cook a Turkish dish or create a Turkish craft with our teacher, Omur, who is from Turkey.

Meets: 10:30-12:30, TBA
Place: TBA

For more information please contact:
Omur Certin: omurjapan@gmail.com

PHOTOGRAPHY

Would you like to go out with your camera? It doesn't matter if it's an SLR camera or a smartphone camera. Let's enjoy taking photos and improve your camera skills! In May we will learn the photo editing app: Snapseed

Meets: 10am-noon, Oct 16th
Place: TBA

For more information please contact:
Chihiro Okuno stepupchihiro@gmail.com

KIMEKOMI

Learn to cover wooden forms with fabric to create beautiful dolls, animals, balls, and much more.
For beginners, I will accompany them to the kimekomi shop to help with supplies. Start up fee 1,500 yen.

Meets: 10am-noon, Oct 9th
Place: Jenny's House

For more information please contact:
Jenny Loveridge jenny.loveridge@gmail.com

SPORTING EVENTS

Experience the fun, joy, and community of professional sports! No need to know anything about the sport. All you need is a willingness to cheer loudly!

Meets: TBA
Place: TBA

For more information please contact:
Manya Shorr manyadanielle@gmail.com



BABYSITTING

We are looking at new options for 2024. We want to provide space for our members with children. If you have any suggestions or recommendations for us to provide affordable child care during our events, please contact us at nagoyacce@gmail.com

OCTOBER 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5
		Day trip All day		General Meeting 10:30 am-12:30pm	
7	8	9	10	11	12
Book Club 10am-11:30am	Language Exchange 11am - noon	Kimekomi 10am-noon	Yamato-E 10:30 - 12:30	Board Meeting 10 am -12 pm Happy Hour Hunters 6pm - 8pm	
14	15	16	17	18	19
		Photography 10am - noon			
21	22	23	24	25	26
	Restaurant Hunters 11am - 1pm			Yamato-E 10:30 - 12:30	
28	29	30	31		
	Day trip All day				

BOARD MEMBERS

President: Gwyn Wilson
Vice President: Fumika Kusano
Program Coordinators:
 Wetty Tokuhisa, Samantha Brunner
 Crystal Davila
Membership Coordinators:

Financial Coordinators: Sakiko Kato
Administrator:
Marketing Coordinators: Kerry Holdcroft
Recruitment Coordinators:
Catering Coordinators:
 Naomi Hasegawa, Chihiro Okuno

We are looking for more Board Member in 2025

Contact us for more info:
nagoyacce@gmail.com